# LUNCH MENU



### **SOUP & SMALL PLATES**

**SOUP OF THE DAY** (Ve)(GF option)

Homemade bread & whipped butter

**WATERMELON CEVICHE** (Ve)(GF)
Grilled watermelon, coriander & lime

MIXED OLIVES

#### KARMA SANDWICHES

A choice of white or wholemeal farmhouse bread (GF option available) - Served with crisps

CRAB(S)

Local white crab, mayonnaise, chive, lemon & black pepper

DAVIDSTOW CHEDDAR (V)

Tomato chutney

BLT (P)

Smoked streaky bacon, lettuce, tomato

**HONEY MUSTARD HAM** (P)

Wholegrain mustard mayonnaise

GRILLED VEGETABLES (Ve)

Homemade hummus & Rocket

#### SIDE DISHES

SKINNY FRIES (GF)

**ONION RINGS (GF)** 

TRIPLE COOKED CHIPS (GF)

Roasted aioli & salsa brava

**NEW POTATOES** (L option)

Herb & garlic butter

SEASONAL GREENS (L option)

Herb & garlic butter

HERBY SALAD LEAF

Rapeseed dressing

## KARMA BURGERS

HANDMADE STEAK BURGER (GF option)

Homemade burger, Davidstow, tomato chutney,
ruby slaw & fries

**CAJUN SPICE CHICKEN BURGER** (GF option) Ruby slaw & fries

CHICKPEAS & CORIANDER BURGER (Ve)(GF option) Smoked vegan cheese, ruby slaw & fries

#### KARMA CLASSICS

FISH & CHIPS (GF) (L option)
Battered fillet, triple cooked chips, crushed mint
peas, homemade tartar sauce & lemon

HALF LOBSTER (S)(GF)

St. Martin's new potatoes or triple cooked chips, garlic butter, samphire & rocket salad - Subject to availability

STEAK FRITES

Seared minute steak, fries, rocket & parmesan salad

SEAFOOD LINGUINE (S)(GF option)

Tomato, garlic, chilli & lemon

CAESAR SALAD (V)

Gem lettuce, croutons, soft boiled egg & parmesan

Add Chargrilled chicken: £5.95

Add Crab (S): £8.00

SEAFOOD SHARING PLATTER

## **DESSERTS**

KARMA MESS (GF)

Meringue, Chantilly cream & summer fruits

STICKY TOFFEE PUDDING (GF)

Clotted cream & toffee sauce

KARMA CHEESE BOARD

Local cheeses, apple, quince jelly, homemade chutney & crackers

Due to our food being freshly prepared, longer waits can be expected during busy periods.

All items on our menu are subject to change due to availability of fresh produce and deliveries to the Islands.

We support our local community by sourcing produce from the Islands and Cornwall as much as possible.

Please inform a member of our team if you have any food allergies or dietary requirements when placing your order.

**GF** - Gluten free

S - Shellfish

P - Pork

**V** - Vegetarian

L - Lactose free

N - Nuts

G - Game

**Ve** - Vegan