

Karma
RÉSIDENCE
NORMANDE
NORMANDY, FRANCE



DESTINATION PROFILE

WE CREATE... EXPERIENCES



HOW TO GET THERE

Coming from Paris (Orly Airport) :

Take Avenue de Paris to A106 in Paray-Vieille-Poste, Take A86 and A13 to Route de Louviers/D6155 (exit 18). At the roundabout take third exit to D6015, Rue de Paris/D162, Route nationale and D313 in Connelles, once reached to Le Village/D19, Continue to follow D19 and destination will be on the left.

Coming from Paris (Roissy Charles de Gaulle Airport):


Get on A1 in Roissy-en-France from Route des Peupliers and Route des Badauds, At the roundabout, take the 2nd exit onto the A104 ramp to A1/A3, Take A86 and A13 to Route de Louviers / D6155 (exit 18). At the roundabout take third exit to D6015, Rue de Paris/D162, Route nationale and D313 in Connelles, once reached to Le Village/D19, Continue to follow D19 and destination will be on the left.


By train from Paris, head to the Gare Saint Lazare station and buy a ticket to Val de Reuil, Normandy. There is a fast train every hour in both directions and the journey takes 70 minutes only. From Val de Reuil to the resort it will take 15 minutes by car / taxi.


The heavy traffic and difficulty of finding parking space in Paris, makes the train the ideal option to visit the French capital for the day. Return tickets can be purchased online for as little as 20 Euros per person on the

French railway website

www.oui.sncf

 Taxi Services
 UNIDMOVE :
 Nicolas Doinard
 Phone Number :
 +33(0)663242111
 Email :
 doinard.nicolas@gmail.com
 www.unid-move.fr

 Car Rental Services
 AVIS : www.avis.fr
 SIXT : www.sixt.fr
 EUROPCAR :
www.europcar.com
 RENTACAR :
www.rentacar.fr

 Where to buy groceries
 LIDL rue de la Salle, 27590
 Pitres
 INTERMARCHÉ : Route de
 Pont Saint Pierre, 27610
 Romilly sur Andelle

AUCHAN : Place des 4
 Saisons, 27100 Val de Reuil

LECLERC : Rue des Prés,
 27400 Incarville

NORMANDY ON THE PLATE
—
OUR TOP PICKS OF RESTAURANTS
IN THE REGION



Le Moulin de Connelle

(50 meters from the resort)

This superb old water mill is next door from our resort. The decor and cuisine are equally fine and sophisticated. Refined classicism and elegant gentility... A dreamscape come to life!

Open Tuesday to Sunday from 19:00 to 21:00, closed on Monday

40 route d'Amfreville-sous-les-Monts, 27430 Connelles

+33 (0)2 32 59 53 33 | www.moulin-de-connelles.fr

Rodolphe

(★ Michelin Star)

Corneille was right when he said that “valor does not depend on age”. The young chef enchants diners with carefully prepared dishes, presented in a single set menu that changes every day. Inspired recipes, pertinent marriages of flavors: Rodolphe no doubt still has plenty of surprises in store for us!

Open from **Tuesday to Friday** from 11:30 to 22:00 & **Saturdays** from 19:30 to 22:00

35, rue Percière, 76000 Rouen

+33 (0)2 35 73 32 58 | www.restaurant-rodolphe.com





Gill Restaurant



L'Odas Restaurant



Gill Restaurant



L'Auberge de la Pomme



L'Auberge de la Pomme



La Ferme de la Haute Cremonville

Gill

(★★ Michelin Star)

A stylish and elegant setting on the banks of the River Seine. Gilles Tournadre, the dedicated and inventive chef, admirably showcases the very best of Norman produce without unnecessary fuss.

Open from **Tuesday** to **Saturday** from 12:00 to 13:45 & from 19:30 to 21:45
9 Quai de la Bourse, 76000 Rouen

+33 (0)2 35 71 16 14 | www.gill.fr

L'Odas

(★ Michelin Star)

A play on words (odas = audace(ity)) sums up the spirit of this handsome 16th century mansion where chef Olivier Da Silva concocts creative, skilfully engineered recipes in which seasonal produce takes the limelight. Panoramic view from a private sitting room for more intimacy. Youthful, approachable service.

Open from **Tuesday** to **Saturday** for Lunch and Dinner
On **Sundays** only Brunch is served from 10:30 to 14:00
Passage Maurice Lenfant, 76000 Rouen

+33 (0)2 35 73 83 24 | www.lodas.fr

L'Auberge de la Pomme

(★ Michelin Star)

The name evokes Normandy, and it has a half-timbered façade that is typical of the region, but the cliché stops there! Inside the house you will encounter a very modern setting, which echoes the cuisine prepared by chef William Boquelet, who is as inventive as he is passionate about his cooking. The dishes, which are full of textures and contrasts, showcase local producers.

Open from **Tuesday** to **Saturday** for Lunch and Dinner
44 rue Eure, 27340 Les Damps

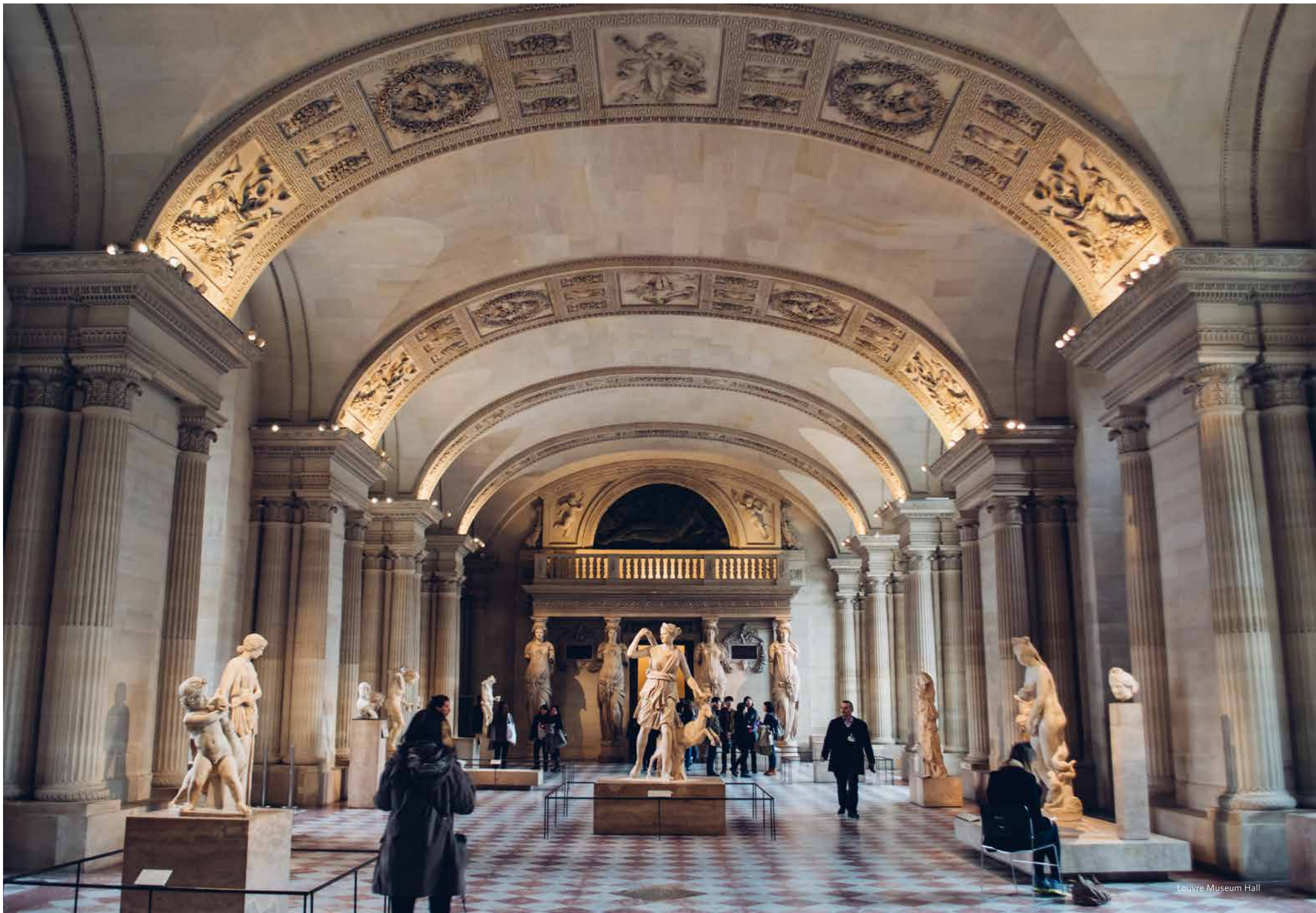
+33 (0)2 35 23 00 46 | www.laubergedelapomme.com

La Ferme de la Haute Cremonville

Pastoral beauty at its best at this fine 16th century Normandy farmhouse with its terrace, beams and fireplace. Mouthwatering traditional French cuisine, in step with the seasons. Full of country charm.

Wednesday closed all day , **Saturday** closed for lunch, open for dinner, **Sunday** closed all day,
Monday, Tuesday, Thursday, Friday open for lunch and dinner.
Rue de Cremonville, 27430 Saint-Etienne-du-Vauvray

+33 (0)2 32 59 14 22 | www.restaurant-ferme-haute-cremonville.com



Louvre Museum Hall

PLACES TO VISIT WHILE STAYING AT KARMA RÉSIDENCE NORMANDE



Paris (90 minutes by car or train)

Paris is multifaceted and there are numerous ways of discovering it. As well as the top sights, there are many other amazing places. Here are our suggestions of the must see attractions.

www.parisinfo.com

Louvre Museum

Home to Leonardo da Vinci's Mona Lisa, the Louvre is considered the world's greatest art museum, with an unparalleled collection of items covering the full spectrum of art through the ages.

Basilique du Sacre-Coeur de Montmartre

This Montmartre landmark, a 19th-century basilica built by the French government following the Franco-Prussian War, features a large medieval dome that provides excellent views of the city.

Cruise on the river Seine

The City of Lights is most magical by night, and a dinner cruise along the Seine is a quintessential experience for Paris visitors. River Cruises offer a more relaxed dining option with comfortable armchairs, a delicious 3-course dinner, and spectacular views of the Eiffel Tower, the Louvre, and Notre Dame Cathedral.



Cathedral of Notre Dame



Musée d'Orsay



Sainte Chapelle



Luxembourg Gardens



Palace of Versailles



Saint Germain des Pres Quarter

Cathedral of Notre Dame

This famous cathedral, a masterpiece of Gothic architecture on which construction began in the 12th century, stands on the Île de la Cité and is the symbolic heart of the city.

Musee d'Orsay

This beautiful museum, once a railroad station, now houses a staggering collection of Impressionist art, as well as other art created between 1848 and 1914.

Sainte Chapelle

The Sainte-Chapelle is the finest royal chapel to be built in France and features a truly exceptional collection of stained-glass windows. It was built in the mid-13th century by Louis IX, at the heart of the royal residence, the Palais de la Cité. It was built to house the relics of the Passion of Christ. Adorned with a unique collection of fifteen glass panels and a large rose window forming a veritable wall of light, the Sainte-Chapelle is a gem of French Gothic architecture. Designated world heritage site by UNESCO.

Luxembourg Gardens

These formal gardens, open to only royalty before the French Revolution, now serve as one of Paris's most popular destinations for relaxation.

Saint Germain des Pres Quarter

Stroll through Paris' Bohemian past at the Latin Quarter. Explore these neighborhoods known as havens for the city's intellectuals and artists, and stop in at a local café to enjoy a savory charcuterie platter. Visit the oldest park in Paris and try your hand at the beloved French ballgame pétanque. See the iconic Notre Dame Cathedral and browse the shelves at the city's first English bookstore.

Palace of Versailles (75 minutes by car)

The history of Versailles is inextricably linked with the figure of Louis XIV. Although the location existed for centuries before the sovereign, Louis XIV developed a genuine liking for Versailles early on, and decided to extend it beyond the chateau. The King, who could see great things for the chateau and the forests around it, took on the role of architect himself, and built a masterpiece with which he would forever be associated. The Palace is open every day, except on Mondays, from 09:00, but the estate of Trianon and the Coach Gallery only open in the afternoon. The Park and Gardens are open every day. The access is free except during Musical Fountains Shows and Musical Gardens. You can access the estate of Trianon through the Gardens or through the city.

HIGHLIGHTS OF NORMANDY



Rouen (40 minutes by car)

Known all over the world for its medieval heritage, Rouen will surprise you with the diversity and wealth of its museums, its exhibition spaces, its attractions and monuments. As well as the Impressionists, Joan of Arc, Pierre Corneille and Gustave Flaubert, the capital of Normandy holds hidden treasures, to be discovered. While visiting Rouen don't miss the Gros-Horloge clock, the Cathedral of Notre-Dame, the Church of Saint-Ouen, the Museum of Fine Arts, the view from Sainte-Catherine's Hill in Bonsecours, the British military cemetery in Petit-Quevilly, the timber framed streets of the centre of town, the Château du Taillis and the Joan of Arc History Museum.

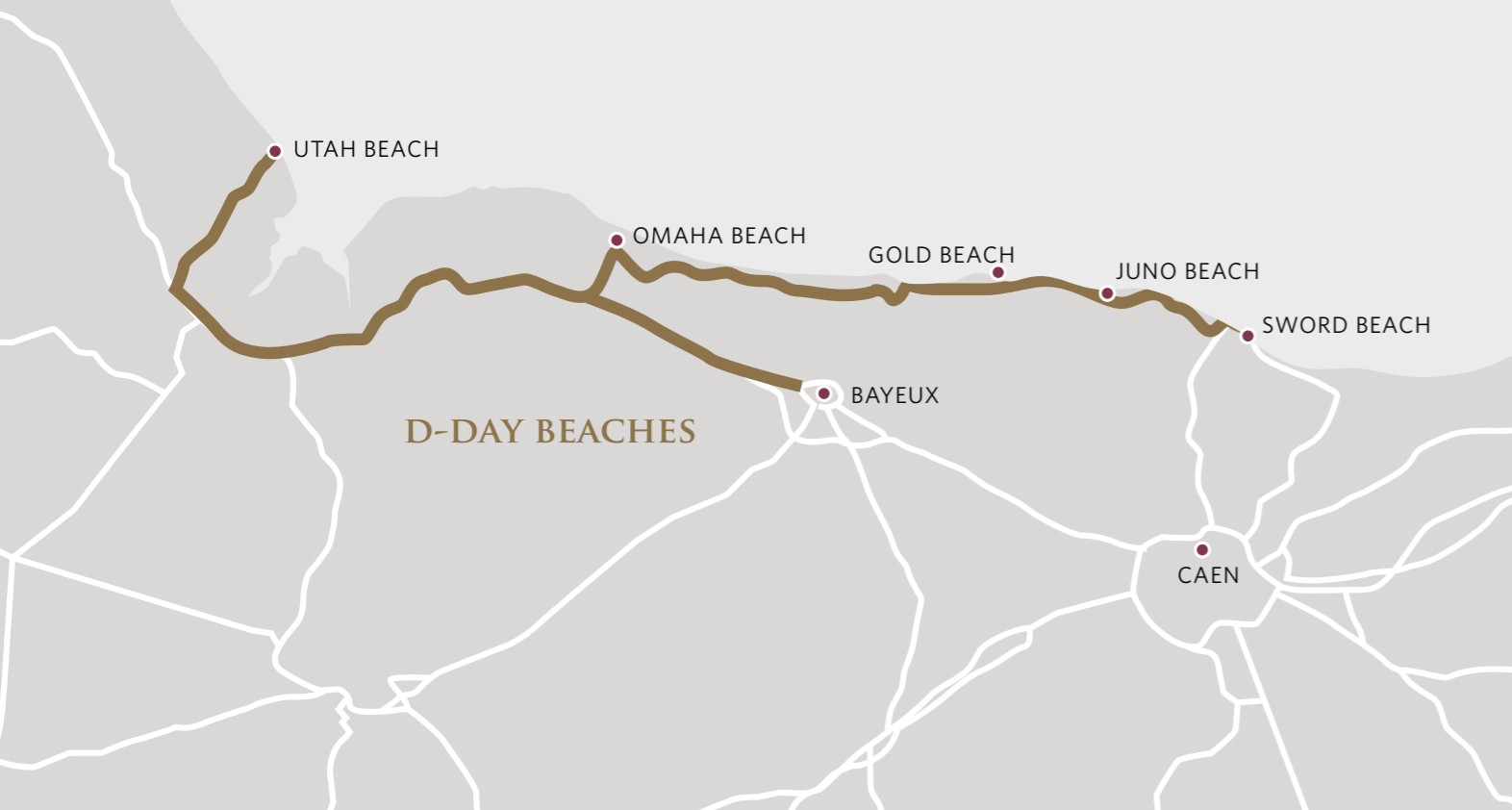
www.normandie-tourisme.fr

Giverny (40 minutes by car)

Thank Claude Monet for making this small village, a global landmark. Not only did the world-famous Impressionist painter live here for over four decades, the artist's restored 19th century home and gardens remain must-see attractions for visitors to France. There are two parts in Monet's garden: a flower garden called Clos Normand in front of the house and a Japanese inspired water garden on the other side of the road. The two parts of Monet's garden contrast and complement one another. Art lovers also will want to check out the Musée des Impressionnismes, which houses—as you'd expect—a collection of paintings and special exhibitions highlighting the Impressionist movement. Great for day trippers, Giverny also offers excellent lunch options. Giverny is only open from April until end of October.

www.giverny.org





The Gold Beach



Utah Beach



Juno Beach

Beaches of Normandy, revisiting D-Day (120 minutes by car)

The D-Day beaches are one of the most popular day trips in Normandy, especially for Americans, Brits and Canadians whose parents or grandparents fought the Germans in World War II.

The Allied Nations (Britain, Canada and the U.S.) were each allocated a number of beaches to invade, which were codenamed: Utah Beach (U.S.) / Omaha Beach (U.S.) / Juno Beach (Canada) / Gold Beach (Britain) / Sword Beach (Britain)

The Caen Memorial is the best place to start your tour of the D-Day beaches. The museum was recently renovated, and in addition to detailed information on D-Day and World War II, it has plenty of material on The Battle of Normandy, The Cold War and the search for peace.

Utah Beach has the Utah Beach Landing Museum, is housed in the remains of a German bunker. Many say that this is the best D-Day museum in the area. In the nearby village of Sainte-Mère-Eglise is the Airborne Museum, which details the aerial operations. The Gun Battery in Longues-sur-Mer between Omaha Beach and Gold Beach has a number of bunkers which were Hitler's most important points of defense.

Pointe du Hoc is the highest point between Utah Beach and Omaha Beach, with a 100 feet (30 meter) cliff overlooking the English Channel. The German army had fortified this area with gun pits, bunkers, artillery and concrete casemates. Pointe du Hoc was captured by 225 U.S. rangers on D-Day after scaling the cliffs, and has become a symbol of courage of the American troops. It is one of the most significant memorials along the D-Day coast.

www.normandie-tourisme.fr

The Gold Beach invasion was led by the British, and the most important museum here is the America Gold Beach Museum and exhibits details of the landing here as well as the three-engine Fokker America's first airmail flight from the United States to France.

Juno Beach, where the invasion was under Canada's lead, has the Juno Beach Centre, which outlines the significant role Canada played in the D-Day invasion. Nearby Bény-sur-Mer is home to the Canadian cemetery.

Sword Beach is the easternmost of the five D-Day beaches. The operation here happened under British leadership, and there is a museum, the Merville Gun Battery, which details the British Airborne Operations. The nearby Ranville War cemetery is home to 2,235 graves, most of which belong to the 6th Airborne Division.

The American Cemetery is one of the largest American war cemeteries and was the first one on European soil established during World War II. With 9,387 lives lost on D-Day and the consequent ensuing operations, it makes visitors realize the magnitude and true scale of this operation and the lives lost.

www.normandie-tourisme.fr



Caen (90 minutes by car)

Caen is the chief town of Lower Normandy and the capital of the département of Calvados. Although three-quarters of the town was destroyed during the Allied landings in June-July 1944, its magnificent churches survived almost entirely unscathed. Created as a tribute to Caen's suffering during the war, the Caen-Normandy Memorial Center tells the story of the Second World War, the D-Day Landings, and the Battle of Normandy. The Chateau de Caen, built in 1060 by William the Conqueror, the King of England, this castle is one of the largest medieval monuments in Europe and a quintessential symbol of Caen's heritage. The château was a royal fortress in the Middle Ages and an English stronghold during the Hundred Years' War. During the Second World War, it was used as barracks by an infantry regiment. Both the Musée de Normandie and the Musée des Beaux-Arts (Museum of Fine Arts) are housed in the castle. The Normandy Museum offers an overview of the region's culture and history, including the history of the castle. The Fine Arts Museum of Caen is considered one of the most important art museums in France. The collection focuses on European painting (French, Italian, Flemish, and Dutch) of the 16th and 17th centuries. The museum's treasures include masterpieces by Poussin, Rubens, Veronese, and Brueghel among others. The museum's collection also extends to the 19th century with wonderful Impressionist pieces, such as paintings by Monet, Boudin, and Courbet.

Bayeux (2 hours by car)

In a fertile plain near the Atlantic Coast, the historic town of Bayeux is most famous for the Bayeux Tapestry (called the "Tapisserie de la Reine Mathilde" in French). This masterpiece of medieval art is actually a work of embroidery rather than a tapestry. The exquisite 70-meter-long piece is a historic document that tells the story of the conquest of England by William the Conqueror (Mathilde's husband) in 1066 through the Battle of Hastings. Because of its cultural value, the Bayeux Tapestry has a UNESCO designation. Rendered in exquisite detail, the Bayeux Tapestry depicts 58 different scenes in incredible detail, including 623 figures, 759 animals, and 37 buildings and ships, along with a running commentary in Latin. Besides the Tapestry Museum, another noteworthy attraction in Bayeux is the Cathedral of Notre-Dame. Built in the 11th and 13th centuries, this cathedral is one of the finest examples of a Norman Gothic church.

Bayeux also has a British World War II cemetery as well as the Memorial Museum of the Battle of Normandy. The museum boasts extensive exhibition space recounting the Battle of Normandy from June 7th to August 22nd, 1944. There is also an auditorium that shows the film "Normandy 44, a Decisive Victory in the West," based on archival documents. Created by a World War II historian, the film explains the major operations involved in the Battle of Normandy.



Fecamp



Fecamp



Etretat



Honfleur



Deauville



Honfleur

Fecamp (90 minutes by car)

The main attraction of Fecamp is the Palais Benedictine. The story began back in 1510 at the Abbey of Fécamp, when it is said that the Benedictine monk and alchemist Dom Bernado Vincelli created a secret elixir. In 1863 Alexandre Le Grand, a collector of religious art, found among his collection of old tomes the recipe for the elixir, lost during the French Revolution. After much trial and error, he succeeded in deciphering the mysterious recipe and producing a liqueur that he named “Benedictine”. He built the Palais Bénédictine in honor of his liqueur, and it has been produced there ever since. Apart from the distillery with its copper stills and the many different plants and spices that go into Benedictine, the Palace also houses Alexandre Le Grand’s collection of items of religious art, as well as a modern art gallery, reflecting the founder’s passion for all forms of art.

Sailing cruises (two hours duration) leave from the harbor and sail up and down the Alabaster coastline to observe the cliffs and arches in Etretat from the sea.

Etretat (20 minutes by car from Fecamp)

The cliffs steal the show at Etretat, thanks to their exceptional natural drama and aided by the fact that famous Impressionists painted them so memorably. Erosion has created extraordinary arches in the chalk either side of the resort. There’s also an amazing needle-like structure, known in French as an Aiguille. There is more to Etretat than the cliff formations and the thick pebble beach, though. The small resort behind is full of charm. Along with some extravagant hotels, the remarkable wooden covered market stands out. Le Clos Lupin, a typical old villa in town, conceals mysteries for visitors, while the churches around Etretat stand out more prominently.

Honfleur (75 minutes by car)

Ports don’t come any prettier than Honfleur on the Seine’s estuary. Glorious historic houses jostle for position on the quays, as do galleries and restaurants. Packed with cultural sights, Honfleur has a wealth of attractions to delight its many visitors. The Vieux-Bassin (old harbor), lined with 16th to 18th century townhouses, has been a subject for artists including Claude Monet and native son Eugène Boudin. Nearby is the 15th century St. Catherine’s Church, a vaulted timber structure erected by shipbuilders.

Deauville (75 minutes by car or just 20 minutes from Honfleur)

The upscale seaside resort of Deauville is one of the largest and most popular tourist destinations in Normandy. Glamorous events abound, from prestigious horse races and polo to the annual Deauville American Film Festival. Golf and thalassotherapy sea-water pampering are easily to hand. Its beautiful seafront features two kilometers of sandy beach and a promenade (boardwalk) for seaside strolls. Visitors can hire parasols, lounge chairs, and beach cabins. The colorful old fashioned beach umbrellas and tents give the beach a classic 1920s look. Sunbathers can take a break from the beach to shop at fashionable boutiques or enjoy a meal at one of Deauville’s stylish restaurants or at the famous casino. Another attraction is the harbor. There are several boating marinas and the Port of Morny, with the Deauville Yacht Club. The yacht club organizes many highlevel regattas, and the city of Deauville hosts sailing events such as Deauville International Week, attracting visitors from many countries. From the harbor, tourists can continue along the scenic Côte Fleurie (“Coast of Flowers”), which extends for 30 kilometers southwest to Cabourg.



Andelys



The Chateau Gaillard



Lyons-la-Forêt



Bec-Hellouin abbey



Harcourt



Lyons-la-Forêt

Andelys & the Chateau Gaillard (20 minutes by car)

Andelys is a charming little village on the banks of the river Seine, little Andelys offers a variety of little shops, brasseries and supermarkets. This is the starting point of the trail to climb up to the castle. Think back to the fantastic life of Richard the Lionheart, the friend of Robin Hood, as Walter Scott related it in his novel Ivanhoe. Chateau-Gaillard is the very place where these romanticized stories meet History. This fortress was skillfully designed and built by the fiery Richard I of England, feudal Duke of Normandy, better known as Richard the Lionheart. This nickname was given in recognition of his bravery in the Crusades. The stronghold of Les Andelys calls to mind strength, power and invincibility. Guided tours of the castle are offered from Wednesday to Monday from 10:00 to 13:00 and from 14:00 to 18:00.

Lyons-la-Forêt (30 minutes by car)

This place is regarded as one of the most beautiful villages in France. At the heart of Lyons-la-Forêt, there is a remarkable covered market from the 14th century which was entirely renovated in the 18th century thanks to the Duke de Penthièvre, grand-child of Louis XIV. It is also famous for being the spot of shooting for "Madame Bovary" movie, directed by Claude Chabrol. On Thursday, Saturday and Sunday morning you can enjoy its typical French market.

In the outskirts of the village you can also visit the Chateau de Fleury la Foret. The castle still retained much of its original charm: living rooms, bedrooms, office in Louis XV style, and kitchens of the 19th century with brass, porcelain and a remarkable collection of antique dolls.

Bec-Hellouin & Harcourt (50 minutes by car)

Le Bec-Hellouin is a village with an exceptionally profound religious past that can still be sensed as well as seen. Justifiably, it has also been awarded the Plus Beaux Villages de France label. The Abbaye Notre-Dame du Bec was founded around 1034 by a man called Hellouin. This historic monument is the property of the French State, but the abbey is still lived in by Benedictine monks whose production of hand-made pottery contributes to its present-day reputation. The magnificent, soaring Saint-Nicolas Tower dominates the surrounding religious buildings, including the 17th-century cloister with its exceptionally peaceful atmosphere. The village stands out not just for its religious heritage but also for its lovely setting, its peaceful, well-flowered streets and its half-timbered houses.

Harcourt: Visit a medieval fortress whose origins go back to the birth of Normandy. This masterpiece of medieval architecture, dating back to the 12th and 14th centuries, has been largely remodeled in the 17th century. The castle is still partly surrounded by the fortification wall and bordered by a double ditch. A permanent exhibition will allow you to know more about the site, its history and the story of the Harcourt Family, which is one of the oldest families in France. Harcourt overlooks a splendid arboretum, which was set up in 1802 and is considered as the oldest one in France. It is also a very pleasant park for a walk. The arboretum existence is associated with some of the most memorable names in the field of horticulture, such as Delamare, Michaux, Pepin and Vilmorin who have intervened in its development at various points since its foundation.



Pont l'Évêque



Livarot



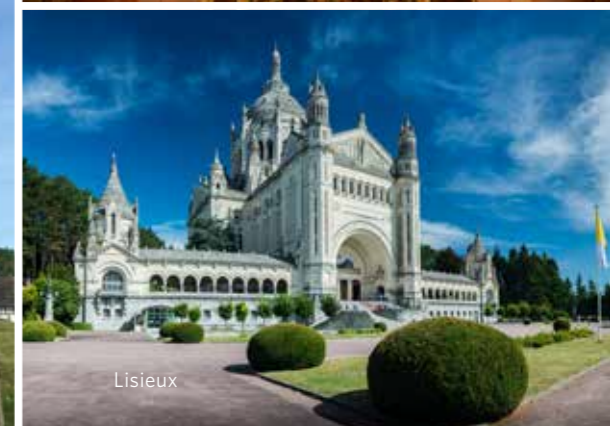
Lisieux



Camembert Village



Lisieux



Lisieux

Lisieux and the cheese route (75 minutes by car)

The religious city of Lisieux draws vast numbers of Catholics. In fact, it is considered the second most important pilgrimage town in France, thanks to its 19th-century saint, Thérèse Martin. Thérèse's fame also explains Lisieux's extravagant 20th-century hillside basilica, outdoing the medieval cathedral. Lisieux has a much longer history, going back to Roman times. Then, with the establishment of the duchy of Normandy in medieval times, it became the seat of a bishop's palace, with a cathedral. The bishop-counts of Lisieux were forceful figures in Norman events. In town, the quarter around the cathedral known as the Quartier Canonial has retained a number of impressive buildings once associated with the important religious administration based here, run in part by canons. Religion has long been a powerful force in Lisieux.

Pont l'Évêque (20 minutes by car from Lisieux)

Pont L'Évêque has a story that dates back to the 13th century. Surviving texts of the time specifically mention Angelot, the cheese from which Pont L'Évêque was developed. In 1263 A.D., Guillaume de Lorris proclaimed in his book Roman de la Rose that a good table wine always finishes with a dessert of Angelot. Later—in the capable hands of Norman farmers—Angelot slowly became the cheese we now know as Pont L'Évêque.

Camembert (15 minutes by car from Livarot)

Visit the village of Camembert for a glimpse of the authentic, old, rural Normandy, where life is based around agriculture. Camembert village, with traditional farms surrounded by pastures and orchards, plus a church as dappled as the local cows, makes an extremely picturesque sight. As to Camembert the cheese, it is inextricably linked to the village. There are several places in and around the parish where you can learn more about the famous fromage, as well as tasting it. This is an enticing area for foodies to go in search of fine cheese, cider and Calvados apple brandy. Also look out for farms producing "Poiré", pear cider, and other local specialties.

Livarot (20 minutes by car from Lisieux)

We strongly suggest to visit the E. Graindorge cheese dairy. This has been a family operation for three generations, since its beginnings in 1910. The fromagerie produces all four of Normandy's AOP cheeses: Pont L'Évêque, Neufchâtel, Livarot, and the Camembert de Normandie. This is a unique concept allowing visitors to discover cheese workshops through a corridor of glass-protected galleries, from where visitors may understand all the different stages of cheese production from the time the milk arrives until the cheese is packaged

www.graindorge.fr/en/visit-the-cheese-dairy



Mont Saint Michel



Mont Saint Michel



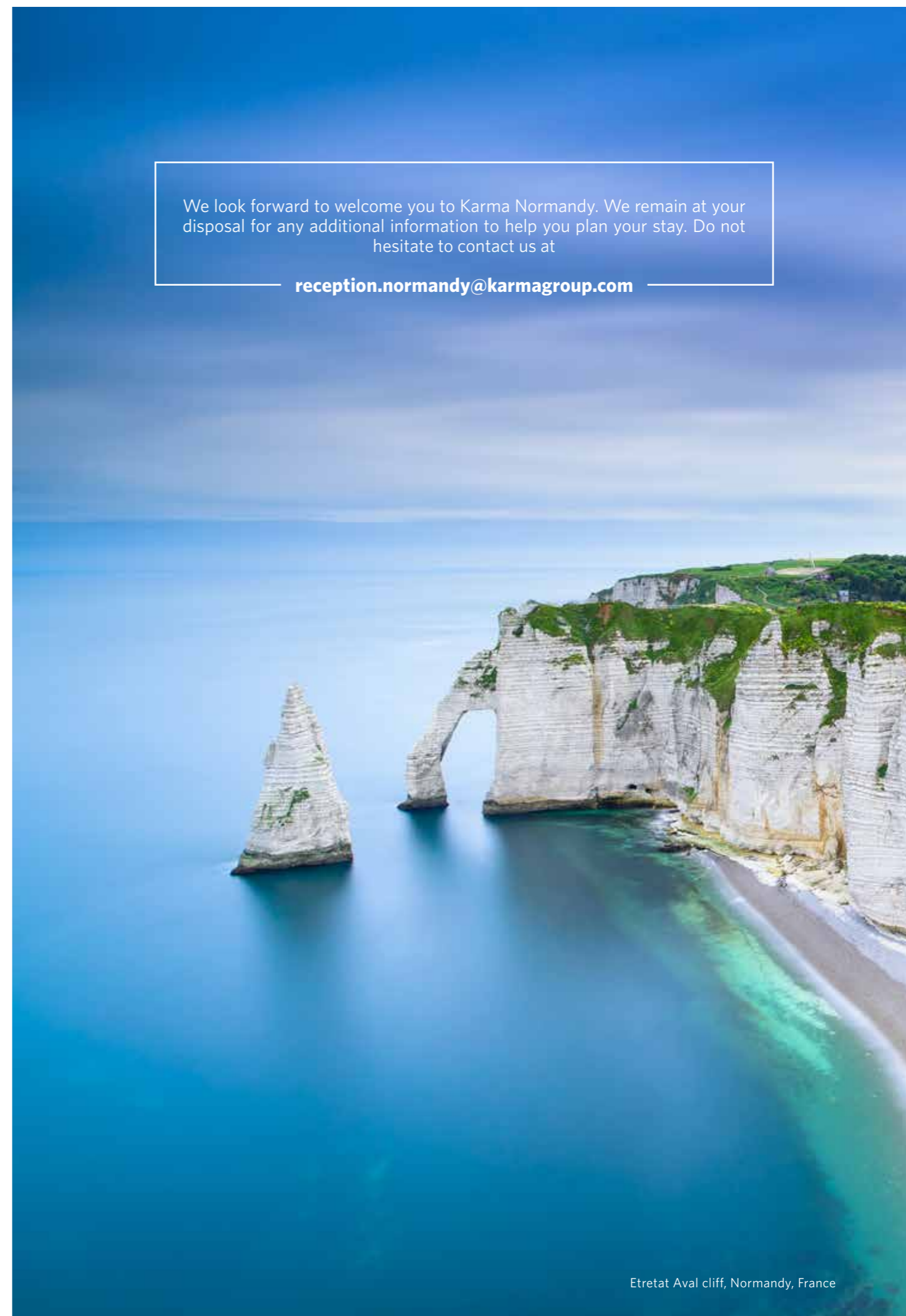
Mont Saint Michel

Mont Saint Michel (3 hours by car)

The Benedictine Abbey of Mont-Saint-Michel is one of the most remarkable examples of mediaeval religious and military architecture and was one of Christianity's most important pilgrimage sites from the 8th to the 18th century. The Abbey comprises a superb ensemble of clerical buildings including the abbey church, the cloister, the refectory, the monks' ambulatory and the gardens of what has been known as the "Merveille" (Marvel) since the 12th century. In summer, the Abbaye du Mont-Saint-Michel is best seen in all its splendor after sunset during the special "sons et lumières" shows. Designated world heritage site by UNESCO.

Open times: 2nd of May to 31st of August: from 09:00 to 19:00 / 1st of September to 30th of April: from 09:30 to 18:00. Last admission 1 hour before closing time.

www.abbaye-mont-saint-michel.fr/en



We look forward to welcome you to Karma Normandy. We remain at your disposal for any additional information to help you plan your stay. Do not hesitate to contact us at

reception.normandy@karmagroup.com

Etretat Aval cliff, Normandy, France



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